

<b>Year</b>	<b>Organization</b>	<b>Award</b>	<b>Subject</b>
2015	National Federation of Press Women At-Large Communications Contest	Two First Place Awards	Editorial/Opinion; Online Publication
2014	National Federation of Press Women At-Large Communications Contest	Four First Place Awards	Personality Profile; Editorial/Opinion Online; Feature Story Online: News Story Online
2013	National Federation of Press Women Communications Contest	First Place Award	Cabaret Reviews
2012	National Federation Of Press Women	Recognized for the 30th Consecutive Year	Recognized for her broadcast exposing TSA on The Jim Bohannon Show on Westwood One Radio
2010, 2009	National Federation of Press Women	First Place Award; 27th consecutive year that Karen's work has been recognized	Daily radio reporting each evening for the Jim Bohannon Show on Westwood One Radio from the Democratic National Convention in Denver
2010, 2009	Society of Professional Journalists	Recognition	Political commentary in print
2008	National Federation of Press Women	Three first-place awards; 25th consecutive year Karen's work has been recognized	Outstanding journalism on the web
2008	Society of Professional Journalists, DC Pro chapter	Three first-place dateline awards for excellence in journalism	Arts criticism, local news story and online feature on politicalmavens.com
2007	National Federation of Press Women National Journalism Awards	First place award; honoree at annual conference awards banquet	Recognized for her 25 years of service and for excellence in writing and/or broadcast every year since 1983
2005	Capital Press Women's Communications Contest	Three First-Place Awards; received awards every year since 1984	Best feature story, best personal website, special articles